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Thursday

Sharing Time: Song

“If You’re Happy And You Know It” (Traditional)

If you’re happy and you know it, clap your hands.

If you’re happy and you know it, clap your hands.

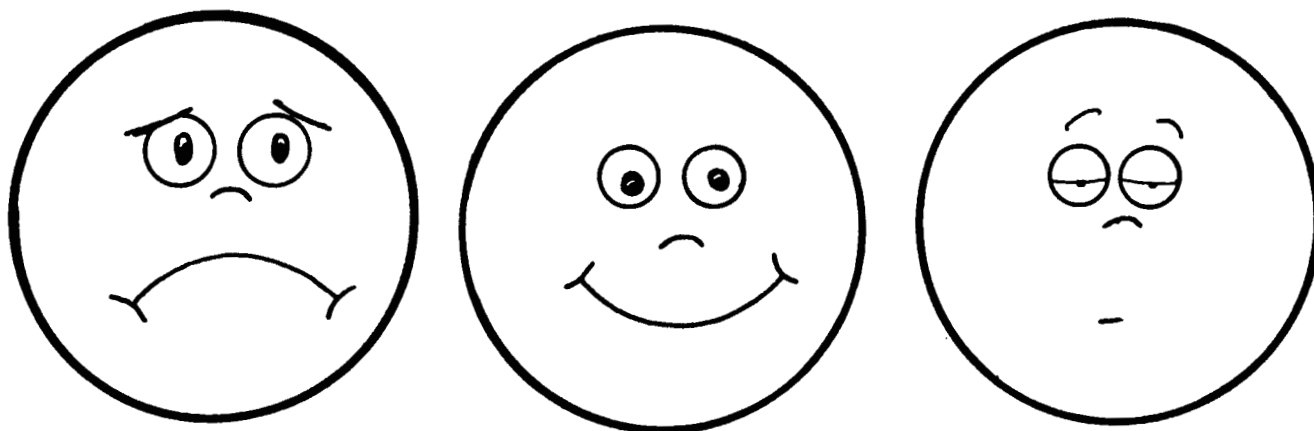
If you’re happy and you know it, then your face will surely show it.

If you’re happy and you know it, clap your hands.

(You may add “stomp your feet,” “snap your fingers,” etc.)

Art: Feeling Puppet

Use paper plates and let children draw facial features that reflect how they are feeling at that moment. Attach craft stick. Discuss the different feelings.



Story Time: Book

Read *It Didn’t Frighten Me* by Janet L. Gross and Jerome C. Harste. Discuss being frightened sometimes.

Circle Time: Song

“Who Feels Happy” (Traditional)

Who feels happy? Who feels glad today?

All who do clap their hands this way.

Who feels happy? Who feels glad today?

All who do nod their heads this way.



(Continue adding other body parts such as “stomp their feet this way” or “with your mouth, shout hurray!”)

Food Experiences: Apple Smiles

Cut an apple into wedges. Spread on cream cheese. Use colored miniature marshmallows for teeth.

Theme Activities: Books

Read *She Was Scared Silly* by Ellen H. Goins and *I Was So Mad* by Mercer Mayer.

Wednesday

Sharing Time: Count The Candles

Make a flannel cake and candles. (See patterns on page 212.) Place the birthday cake on the flannel board. Then place a certain number of candles on the cake. Ask the children how many candles are on the cake. Ask if anyone is that old. Repeat as many times as the activity holds the children's attention.



Art: Birthday Necklace

Trace the numerals of each child's age onto construction paper. Cut out the numeral, punch a hole in the top, and add yarn to go around child's neck. They can decorate them any way they want.

Story Time: Book

Read *Georgie and the Runaway Balloon* by Robert Bright.

Circle Time: Poem

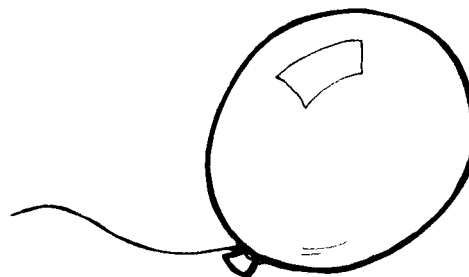
"Balloons"

This is the way we blow our balloon;

Blow, Blow, Blow.

This is the way we break our balloon:

Oh, Oh, Oh!



Food Experiences: Balloon Cookies

Give each child a round sugar cookie. Provide white frosting and some food coloring. Let children dye the frosting different colors. Let children decorate the cookies to look like balloons.

Theme Activities: Balloon Toss

Use different sizes and colors of balloons. Have children toss them to each other.